

Area: Kinesiology & Athletics
 Dean: Dr. Derrick Booth
 Phone: (916) 484-8201
 Counseling: (916) 484-8572

Degree: A.A. - Recreation

Recreation Degree

Major Code: 011226A01

This degree provides training for an entry-level career in the field of recreation and leisure services. It explores the many career fields in recreation, including public service, private recreation, outdoor recreation, and leadership positions.

Student Learning Outcomes

Upon completion of this program, the student will be able to:

- analyze community needs for parks and recreation programs.
- create recreation programs and supervise staff.
- demonstrate leadership skills in recreation programs.
- administer a wide variety of parks and community services.

Career Opportunities

Careers in recreation include jobs in park facilities and services in federal, state, municipal, and voluntary nonprofit agencies. Commercial and private recreation also provide opportunities for employment. Travel and tourism, club management, resort recreation, food and beverage services, lodging, professional sports, entertainment, and cultural services are very much an integral part of the recreation and leisure services market.

Requirements for Degree	20 Units
ECE 312 Child Development (3)	3
or PSYC 372 Child Development (3)	
GERON 302 Psychology of Aging: Adult Development and Aging (3)	3
or PSYC 374 Psychology of Aging: Adult Development and Aging (3)	
RECR 300 Introduction to Recreation and Leisure Services	3
RECR 310 Outdoor Recreation	3
RECR 320 Recreation Activity Leadership	3
SPEECH 301 Public Speaking (3)	3
or SPEECH 331 Group Discussion (3)	
A minimum of 2 units from the following:	2
RECR 498 Work Experience in Recreation (1 - 4)	

Associate Degree Requirements: The Recreation Management Associate in Arts (A.A.) Degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See ARC graduation requirements.

Recreation

RECR 300 Introduction to Recreation and Leisure Services 3 Units

Course Transferable to CSU
Hours: 54 hours LEC

This course is an overview of recreation, park, and leisure services. It covers recreation as a form of community service, as well as the nature, scope, and significance of leisure and recreation as a social force in contemporary society. It emphasizes the role of the professional leader in organizing recreation programs and services, operations, facilities, and resources. Field trips may be required.

RECR 310 Outdoor Recreation 3 Units

Advisory: Eligible for ENGRD 310 or ENGRD 312 AND ENGWR 300; OR ESLR 320 AND ESLW 320.
Course Transferable to CSU
Hours: 54 hours LEC

This course is an orientation to job opportunities in the outdoor recreation field. It includes an overview of different types of outdoor recreation, socio-economic factors in outdoor recreation, the role of government, the role of the private sector, management, and issues and trends in outdoor recreation. Philosophies and operating purposes of outdoor recreation facilities run by federal, state, and local governments are discussed. Field trips are required.

RECR 320 Recreation Activity Leadership 3 Units

Advisory: Eligible for ENGRD 310 or ENGRD 312 AND ENGWR 300; OR ESLR 340 AND ESLW 340.
Course Transferable to CSU
Hours: 36 hours LEC; 54 hours LAB

This is a basic course for recreation majors, involving a study of essential elements and basic principles of organization and leadership of various types of recreation programs. It covers the methods and materials used in planning and conducting organized recreation programs in public and private agencies. Special emphasis is placed on the role of the face-to-face leader in organizing recreational programs in a variety of settings. Field trips are required.

RECR 498 Work Experience in Recreation 1-4 Units

Advisory: Eligible for ENGRD 310 or ENGRD 312 AND ENGWR 300; OR ESLR 340 AND ESLW 340.
Enrollment Limitation: Students must be in a paid or unpaid internship, volunteer position, or job related to recreation with a cooperating site supervisor. Students are advised to consult with the Physical Education Department faculty to review specific certificate and degree work experience requirements.
General Education: AA/AS Area III(b)
Course Transferable to CSU
Hours: 60-300 hours LAB

This course provides students with opportunities to develop marketable skills in preparation for employment or advancement within the field of recreation. It is designed for students interested in work experience and/or internships in transfer-level degree occupational programs. Course content includes understanding the application of education to the workforce, completion of Title 5 required forms which document the student's progress and hours spent at the work site, and developing workplace skills and competencies. During the semester, the student is required to complete 75 hours of related paid work experience, or 60 hours of related unpaid work experience for one unit. An additional 75 or 60 hours of related work experience is required for each additional unit. All students are required to attend the first class meeting, a mid-semester meeting, and a final meeting. Additionally, students who have not already successfully completed a Work Experience course will be required to attend weekly orientations while returning participants may meet individually with the instructor as needed. Students may take up to 16 units total across all Work Experience course offerings. This course may be taken up to four times when there are new or expanded learning objectives. Only one Work Experience course may be taken per semester.